



Larmenier Catholic Primary School

term dates

2017

February

- 21 - Bravehearts Performance K-Gr3
Parents 1.10pm, Students 1.40pm
- 22 - Launceston Cup Day
This is not a school holiday!
- Dancing classes, all grades
- 24 - P&F Pool Party 5pm
- 28 - Shrove Tuesday

March

- 1 - Ash Wednesday - beginning of Lent
- 2 - Band Meet & Greet, instruments
- 3 - beginning of Gr5/6 sport
- 5 - First Sunday of Lent
- 7 - Larmenier Swimming Carnival
- 8 - Dancing classes, all grades
- 11 - Family Mass
St Peter's Church 5.30pm
- 12 - 2nd Sunday of Lent
- 13 - Long weekend - Labour day
- 14 - 16 - Grade 6 camp
- 14 - P&F Mtg 7pm
- 15 - Dancing classes, all grades
- 17 - St Patrick's Day
- 19 - 3rd Sunday of Lent
- Beginning of Catholic Education Week
- 21 - Harmony Day
Board Mtg - 7pm

Just a reminder to all families that we have an increasing number of children who may suffer from a severe reaction to nuts. We discourage nuts at school and hope families will assist in minimising this risk.



16th February, 2017

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At the request of Archbishop Guilford Young the Sisters of Nazareth opened Larmenier School in 1961. The school began with 35 pupils and 2 teaching sisters. The school is named after Victoire Larmenier who founded the Sisters of Nazareth. The special vocation of these Sisters is care of the aged and the young.



The school's core values are based on the traditions of the Sisters of Nazareth; love, compassion, patience, justice, hospitality and respect. With these values shared by everyone is hoped we are a place of peace and warm welcome to all.

Larmenier Catholic School aims to embody these values in all we do and say. The children's 5 B's of: Be Safe, Be a Learner, Be a Friend, Be Respectful and Believe in Yourself encompass many aspects of these values. It is hoped that our children know these as more than values; that they are known as actions and an integral part of how we treat all people that we meet.

There are no Sisters of Nazareth in Tasmania any longer. It is up to us to share and model their values and welcome to others.

Let your love for each other be real and from the heart.

1 Peter 1:22



Jacqui Lawless
PRINCIPAL

Parents and Friends

The Parents and Friends meet the second Tuesday of every month in the Staff Room. The group is committed to working to benefit our children in many areas of school life. The P & F is not a scary place where you will be persuaded into doing a job. It is where you can find out what is going on in the school, provide feedback and have input into what is happening. Our Parents and Friends Executive and members are always happy to answer questions and speak to other parents.

President - Lanai Morrison
Vice President - Jen Quill
Secretary - Jaki Mortimer
Treasurer - Jo Long

Uniform Shop

Many thanks to Lanai Morrison and Jo Long who have worked tirelessly in the Uniform Shop during this busy start to the school year. **The Uniform Shop will be open on Tuesday 2.45 - 3.10 and Thursday 8.30 - 9.10.** You are welcome to make appointments with Lanai if these times do not suit you.

Parent Goal Setting Meetings

Accompanying this newsletter is information regarding the Goal Setting meeting for this term. These meetings are a crucial time to create clear communication with the teacher and to develop your child's goals for the year. We all work better when we know what we are working towards and towards something that we, ourselves, have had input in. We have tried to provide times that suit all different families. If there are any difficulties selecting an appropriate day and time for you please do not hesitate to contact us.

Commencement Mass

On Wednesday we travelled to St Peter's for the Commencement Mass of 2017. The mass was a positive way to begin the school year and for Father Des to introduce himself to our children. We are planning throughout the year more masses with Father Des utilising the Chapel in Mt Esk with continued trips to St Peter's.

P&F Pool Party

The Pool Party is on Friday the 24th February 5pm - 7pm at the Launceston Aquatic Centre. The cost will be \$10 per family which includes unlimited slide usage. This event has been well attended in the past few years with children and parents enjoying the opportunity to socialise and spend relaxed time together. A notice about this event was sent earlier in the week.

Bravehearts

Performance and Information Session - EDUCATE, EMPOWER AND PROTECT

On Tuesday Bravehearts will once again introduce their program to students from Kinder - Year 3. This program talks to children about personal safety with crucial information that all children need to know. **There is a Parent Information session at 1.10, once again this shares vital information with parents about children's personal safety.**

Important Notes & Return Slips

There are many notes included with the newsletter. Some of these notes contain vital information for you and information that needs to be returned to us. Please take the time to read and complete these forms to ensure routines and clarity can be established.

Sunday Mass at St Peter's

Reconciliation 4.45 pm on Saturdays at St Peter's
Vigil on Saturday evenings at 5.30 pm.
St Augustine's Longford at 8am Sunday mornings.
Sunday mornings at 9.30 am at St Peter's.

School Hours

Parents are reminded that school begins at 8.50am. To assist your child to be ready and organised for the school day it is vital they arrive before the bell. The 'bottom doors' are opened at 8.30 and supervision is provided from this time onwards. We ask parents not to drop children at school before 8.30am, because they will not be supervised. We thank you for your support.

Specialist Lessons

Tuesday - Music, PMP
Wednesday - LOTE, Prep, 1,2,4 Library
Thursday - Kinder, 3,5,6 Library, PE

2017 School Captains

Congratulations to our School Captains, Vice Captains and House Captains who were elected last year.

School Captains: Tayah Lacco & Alexander Vogelaar
School Vice-Captains: Kira Rose & Oliver Styles

House Captains

Upton: Charlotte Gould & Seth Hardinge
Guilford: Chloe Lanham & Samuel Watson
D'Arcy: Jade Binns & Eddie Pickford

Webpage

www.larmerier.tas.edu.au . See here for lots of information about our school, parenting ideas, photos, newsletters, uniform order forms and lots of other general forms. Take the time to have a look! (Feedback always welcome).

Team App

Get the app and request to join Larmerier. Lots of reminders, notes, newsletters and photos get displayed here.

Newsletters

All parents will receive a hard copy of the newsletter today but from next week onwards the newsletter will be distributed via email. Please ensure that we have a current email address. There are several hard copies of the newsletter keep at the office if you need one or it can be accessed via the school web page or Team App.



CATHOLIC SCHOOLS INSTRUMENTAL
MUSIC PROGRAM LAUNCESTON

THIS MUSIC PROGRAM IS AVAILABLE
AT YOUR SCHOOL!

Why join another program when you can learn to
PLAY WITH YOUR SCHOOL FRIENDS?

Would you like more information?
Would you like an enrolment form?

See your Front Office now or
visit: tinyurl.com/nsyd3f3

JOIN TODAY!



Term Dates Catholic Schools

2017

Term 1 Thursday 9.2.17 to Thursday 13.4.17
 Term 2 Monday 1.5.17 to Friday 7.7.17
 Term 3 Monday 24.7.17 to Friday 29.9.17
 Term 4 Tuesday 17.10.17 to Thursday 21.12.17

2018

Term 1 Thursday 8.2.18 to Friday 13.4.18
 Term 2 Monday 30.4.18 to Friday 6.7.18
 Term 3 Monday 23.7.18 to Friday 28.9.18
 Term 4 Monday 15.10.18 to Thursday 20.12.18

Traffic & students safety

The school urges all parents to support road safety by obeying signage displayed and also ask you remind your child/ren to be very aware of potential traffic related dangers around the school.

Sometimes for example, motorists do not abide by road laws, and if students are crossing inappropriately (with or without you), or just not aware of their surrounds by always looking either way, we could have an accident.

The education and care of our students is a partnership between the staff and parents and we all need to do our bit by acting appropriately and not showing a disregard for road laws, even if only to demonstrate your support to children watching of appropriate behaviour.



Friends of the Library, Launceston's

Annual Book Fair

Saturday 4 March

9.00am – 1.00pm

St Ailbe's Hall

46 Margaret Street, Launceston

Come and join us at Launceston's best book sale!

A wide range of good quality, donated books – crime, thrillers, fantasy, science fiction, romance, children's, cooking, health, history, travel, crafts, gardening, sports, war, DVDs, collectables and Tasmania.

Special sale of old agricultural books.
 All at rock bottom prices.

Supported by



Proceeds support library services at Launceston LINC

GUITAR LESSONS FOR BEGINNERS.



Currently taking new students for 2017. Lessons in the Norwood/Kings Meadows area. For more information please call Alex Hillier: 0429527250

Heritage Islanders Netball Club

If you are aged between 8-15 years old, and want to have some fun, or learn a new sport, come along Thursday nights to Hobblers Bridge, Centre Court 1 at 4:30 pm. Contact: Annette Griffin.....0458 711 993 for more information

The Hawks are once again holding their annual tour of Tasmania and will be appearing at Audi Centre Launceston, King Meadows, to meet their fans! Come along between 10am – 11am on Saturday 18 February, enjoy coffee, giveaways and activities for the kids and of course meet some of the Tassie Hawks! For more info



find us on facebook www.facebook.com/AudiCentreLaunceston



parenting * ideas
insights

Developing independence in primary school

By Michael Grose

Practical Ideas for parents to encourage real independence in children.

Your goal as a parent should be for your child to be completely self-managing by the end of primary school. That is, he can get himself and others up each morning; make his own breakfast; prepare his own schoolbag; collect his own school uniform; put any notes under your nose to be signed and returned to school; and so it goes on. Now, that doesn't

mean that kids will do all this all the time, because other factors come into play such as busy schedules and early starts; children will need some assistance at times. However, it's good to keep in mind that children, when left to their own devices, generally do remarkably well at organising their daily tasks. Sometimes they just need the opportunity.

Here are four practical ways to develop real independence in primary school-aged children:



POSITIVE PARENTING



1. Involve them in mealtimes
Mealtimes are the fulcrum around which healthy families operate. A shared meal is more than food. It's a ritual that binds people together; it's a vehicle for parents to influence their children; and it's an expression of love and care. It is also fundamental to children's wellbeing because there is a strong correlation between good mental health in young people and those who regularly share a family meal. Mealtimes also offer plenty of opportunities for children to help including running errands, preparing the meal, setting the table, clearing the table, packing the dishwasher and other jobs. There's something for everyone!

2. Use pocket money to develop independence

A regular allowance is a fabulous way to promote real independence in children. Start in lower primary school and gradually increase their allowance as the older they become. Importantly, you need to increase the areas that their allowance covers. For instance, in lower primary school a child's pocket money might go towards the purchase of some sweets and one or two other items each week. However, in middle primary school it might increase to cover the cost of one or two lunch orders each week, their bus money and some treats.

parenting * ideas

Developing independence in primary school

In later primary school it could even cover some of their clothing purchases as well. The important thing is not to cover for kids if, for instance, they don't budget appropriately and run out of money for school-canteen lunches. They can either make their own lunches at home or perhaps borrow from a sibling and repay out of their next allowance. Pocket money used well is a fantastic way to develop independence in kids.

3. Look after pets

It's a quirk of life that most children want a pet, but they just don't want to look after it in the long term. Many kids discover that following the initial flush of enthusiasm looking after a pet can be a grind – walking the family pooch, cleaning out the guinea-pig cage, or feeding the family feline. But pet care offers priceless lessons in the development of grit, responsibility and nurturance – all necessary attributes for independent success.

4. Walk, ride or take public transport to school

The opportunity to go to school on your own devices was a luxury that previous generations enjoyed. While it may have seemed at the time like something to be endured rather than enjoyed, most people I discuss this matter with look back with fondness and nostalgia.

For most people it meant freedom, friendship and fun. For a short time each day kids experienced a delicious type of freedom away from both teachers and parents – a time to muck around, dawdle and mess around with mates. It also gave kids some familiarity with their neighbourhood. It's well established that currently more children are driven to school than ride or walk, which denies children the same opportunity for friendship, fun and freedom.

Busy schedules, less child-friendly neighbourhood layouts and working parents are just some of the reasons that prevent kids walking to school. If possible, look for ways to allow your child to get to school on their own. It's fantastic for their independence and wellbeing. If children are too young, walk or ride with them some of the way until they are old enough and skilled enough to make the trip without you.

The age of opportunity

Children in this stage have an outward orientation and are exploring their place in the world. This is an age and stage for greater neighbourhood exploration, for taking on real responsibility and for developing personal confidence and efficacy before adolescence starts.

Special note: I'm thrilled to announce that my latest book *Spooned Generation: How to raise independent children* is out. It's available at parentingideas.com.au



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Visit our website for more ideas and information to help you raise confident and resilient young people.

living, loving, learning

POSITIVE PARENTING





16th February, 2017

PARENT TEACHER CONVERSATIONS / GOAL SETTING MEETING

Dear Parents and Carers,

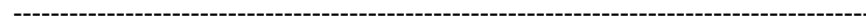
Teachers from Prep – Grade 6 will be available to meet with you to discuss and set your child’s goals in 2017. This is a important opportunity for a 3 way conversation (teacher, parent, child) to put the school year onto a successful path.

Teachers will be available at various times between Monday 27th February and Thursday 2nd March. Appointments will be arranged for 15 minutes. If you require additional time please advise us of this. For families with more than one child please return ONLY one form with your eldest child.

Parents are asked to return this form no later than Tuesday 21st of February. Teachers will make contact with you if the times you have provided are unable to be filled. Please provide us with at least two different session options to enable us to fulfil the requests of all families.

Regards

Jacqui Lawless
PRINCIPAL
Larmenier Catholic Primary School



Name

Child or Children’s Name(s)

Class(es)

Monday 27th February 3.15pm – 5.00pm

Tuesday 28th February 3.15pm – 5.15pm

Tuesday 28th February 6.00 – 8.00 pm

Wednesday 1st March 3.15pm – 5.00pm

Thursday 2nd March 3.15pm – 5.15pm

Signed.....